

Seasonal Availability



| | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Apples | | | | | | | | | | | | |
| Apricots | | | | | | | | | | | | |
| Artichokes | | | | | | | | | | | | |
| Arugula | | | | | | | | | | | | |
| Asian Greens | | | | | | | | | | | | |
| Asian Pears | | | | | | | | | | | | |
| Asparagus | | | | | | | | | | | | |
| Avocados | | | | | | | | | | | | |
| Basil | | | | | | | | | | | | |
| Beets | | | | | | | | | | | | |
| Blackberries | | | | | | | | | | | | |
| Blueberries | | | | | | | | | | | | |
| Bok Choy | | | | | | | | | | | | |
| Boysenberries | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | |
| Brussels Sprouts | | | | | | | | | | | | |
| Cabbage | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | |
| Celery | | | | | | | | | | | | |
| Chard | | | | | | | | | | | | |
| Cherries | | | | | | | | | | | | |
| Collards | | | | | | | | | | | | |
| Corn | | | | | | | | | | | | |
| Cucumber | | | | | | | | | | | | |
| Dandelion/Chicory | | | | | | | | | | | | |
| Eggplant | | | | | | | | | | | | |
| Fava Beans | | | | | | | | | | | | |
| Fennel | | | | | | | | | | | | |
| Figs | | | | | | | | | | | | |
| Garlic | | | | | | | | | | | | |
| Grapefruit | | | | | | | | | | | | |
| Grapes | | | | | | | | | | | | |
| Green Garlic | | | | | | | | | | | | |
| Kale | | | | | | | | | | | | |
| Kiwi | | | | | | | | | | | | |
| Kumquats | | | | | | | | | | | | |
| Leeks | | | | | | | | | | | | |
| Lemons | | | | | | | | | | | | |
| Lettuces | | | | | | | | | | | | |
| Mandarins | | | | | | | | | | | | |
| Melons | | | | | | | | | | | | |
| Mushrooms | | | | | | | | | | | | |
| Mustard | | | | | | | | | | | | |
| Nectarines | | | | | | | | | | | | |
| Okra | | | | | | | | | | | | |
| Onions | | | | | | | | | | | | |
| Oranges | | | | | | | | | | | | |
| Parsnips | | | | | | | | | | | | |
| Peaches | | | | | | | | | | | | |
| Pears | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | |
| Peppers, bell | | | | | | | | | | | | |
| Persimmons | | | | | | | | | | | | |
| Plums | | | | | | | | | | | | |
| Pomegranates | | | | | | | | | | | | |
| Pomelos | | | | | | | | | | | | |
| Potatoes | | | | | | | | | | | | |
| Radish | | | | | | | | | | | | |
| Raspberries | | | | | | | | | | | | |
| Rhubarb | | | | | | | | | | | | |
| Spinach | | | | | | | | | | | | |
| Strawberries | | | | | | | | | | | | |
| Squash, summer | | | | | | | | | | | | |
| Squash, winter | | | | | | | | | | | | |
| Sweet potatoes | | | | | | | | | | | | |
| Tangerines | | | | | | | | | | | | |
| Tomatoes | | | | | | | | | | | | |
| Turnips | | | | | | | | | | | | |

